

# Three Doors to the Future



*seen through the lens of Social Therapy and Therapeutic Education:*

## **Education, Social Life and Work**

# ***Acesta Inclusive Conference Programme*** ***May 10<sup>th</sup> – 13<sup>th</sup> Emerson College***

Please see the programme attached separately and the notes below.

This is a very full programme so that we have something of interest for everyone. Please don't feel you need to come to everything, but we would ask you to stay with the groups of your choice where possible.

Workshop choices:

There are three craft workshops with RMET craft masters:

Clay with Claude Frere-Smith

Felting with Lone Helliwell

Green-woodwork with Chris Helliwell

Then there is Goethean Observation with Michael Evans

Anthroposophical Meditation and Spiritual Research with Inessa Burdich

Eurythmy and the Foundation Stone Meditation with Sigune Brinch

Singing with Gregers Brinch

Local Sussex bluebell and forest walks with Simon Blaxland-de Lange

All workshops take place three times (Friday morning, Friday afternoon and Saturday afternoon) except bluebell walks which will happen twice (on Friday and Saturday afternoon).

Please choose your workshop when booking as it is important for us to know what materials and spaces we need to prepare for you.

## **Letter to conference participants regarding the School of Spiritual Science.**

Dear friends,

This conference will have 3 presentations related to the School of Spiritual Science. This is in an attempt to inspire and enrich the conference with the content of the Class lessons which Rudolf Steiner gave in the last years of his life to members of this then newly established School. Membership was granted to individuals who were willing to take Anthroposophy seriously as a path for spiritual development and who were willing to stand for Anthroposophy in the world. The Mantras given during these lessons were intended to be kept within the School and Steiner gave some simple rules on how this should be done so that they were not shared without appropriate care and consciousness. Membership of the School was also subject to a few simple rules which included a period of familiarisation with anthroposophical teaching outside the School. Attendance of the lessons was subject to the presentation of the blue membership card. The lessons Steiner gave were not shared in print with the membership but were made available later to class holders or class readers to read to members, emphasising the importance of the spoken word. The Mantras were written down by members in their own handwriting to bring their own will into play.

During the past century the Mantras have, as was inevitable, leaked out of the School and are now available on-line and in print and so are the lessons as Steiner gave them. This has made it possible for everyone to study and work with the material in the way they see fit. This has raised concerns that this could lead to misuse of these very meaningful and inspirational words and of reducing their relevance for today and their power to do good. Hence the School of spiritual science is seeking new ways to make the Class accessible and relevant so it can inspire and support those who are seeking to develop themselves and acquire better and more accurate perception and understanding of the world beyond the sense perceptible.

At this conference there will be an introductory talk by Peter Hanrath which is open to all delegates on Friday morning. This talk will be followed on Friday and Saturday morning by a free rendering of lesson 7 and 11 by Diana Pauli and Simon Blaxland de Lange. These two lessons will be restricted to class members to comply with current arrangements within the School. In order to facilitate those who are not yet members of the School but who really want to experience the conference in its totality to attend, it will be possible to join the school during the conference. To make this as meaningful as possible we will issue temporary cards on Friday after the evenings event to those who engage in a personal conversation with one of the class holders present and feel after this conversation that it is right to go ahead and take this step. In preparation for this it would be very helpful if you would consider before the conference whether you would wish to have this conversation and join the Class. It may also be helpful to have a conversation with the Class holder in your locality. It is often in one's biography that the answers for the question of joining the School are found. Reflecting on your biography and where you find yourself may be a helpful starting point for the conversation. If you wish to discuss this with one of us before the conference than this can also be facilitated

We look forward to seeing you

Warm regards,

Peter Hanrath

On behalf of Simon Blaxland de Lange, Diana Pauli and Joan Sleigh

## Contributors:

Joan Sleight is a member of the Vorstand of the International Anthroposophical Society at the Goetheanum in Dornach. She spent many years in Camphill in South Africa and is Karl Königs granddaughter.

Jon Geelmuyden is a member of STAG (International Social Therapy Work Group) and has lived and worked in Camphill and been responsible for the Camphill Training in Scandinavia for many years and lives in Norway.

Hartwig Ehlers is also a member of STAG and comes to us from North Germany where he was founder member of a Camphill Social Farm and the Social Farming Biodynamic Training.

Thomas Ehlers is founder of Petrarca and teaches at the University of Kassel. He is responsible for the Social Farming European network.

Inessa Burdich is a Russian scientist teaching and helping the practice of Anthroposophical Meditation and Research, She is Russian and lives in Germany

Dr. Peter Hanrath is a medical doctor at the Blackthorn Trust and is a class reader for the School of Spiritual Science in this conference

Dr Michael Evans is a medical doctor and was a founder-member of Park Attwood Clinic. He presently lives in Stroud

Constantin Court works, teaches and does research at Ruskin Mill Educational Trust

Claude Frere-Smith is a potter and clay-work teacher with Ruskin Mill Educational Trust

Lone Helliwell is a felting Teacher with RMET

Chris Helliwell is a Greenwood Teacher at RMET

Wendy Cook is a cook and nutritionist, writer and lecturer on food and nutrition

Liehsja Andrea is a professional harp player and teacher in Sussex

Sigune Brinch is a eurythmist and leader of the Eurythmy School at Peredur

Gregers Brinch is an international composer, singer and teacher of music

Dr.Diana Pauli works with Colour/Light therapy and works at Sunfield School and is a reader for the School of Spiritual Science in this conference.

Simon Blaxland-de Lange is a social therapist and therapeutic music teacher, he is a member of the Council of the Anthroposophical Society in Great Britain and reader for the School of Spiritual Science in this conference

Paulamaria Blaxland-de Lange is a member of STAG and represents ACESTA on ECCE. She is chairman of ACESTA working closely with Edeline Lefevre and Piet Blok to maintain and develop the Association and the collaboration between Great Britain and Ireland, with Europe and the wider world

Sunday 13<sup>th</sup> May  
2.15 -3.30 pm and 4 – 5pm

2.15-3.30 pm **Open Inclusive ACESTA meeting and Review:**

Agenda:

Review

News from the Movement Worldwide with Bart van Mechelen

Reports and News from Great Britain and Ireland

*(Please come and give a short report on what is happening in your places and bring any brochures or leaflets to display during the conference – it would be good if you could let us know what you would like to bring so that we can prepare a suitable space for you and to know how much time we can each have to bring a report)*

3.30-4pm Break

4-5 pm **Meeting for ACESTA committee and guests**

AGENDA:

Review of Conference and Future plans

Diary

Opportunities for Collaboration: Dornach, Stag, ECCE, Eliant,

Present and Future adult education needs and opportunities

Relationship to the Sections of the School of Spiritual Science

Publications

AOB

## PRACTICAL DETAILS, ACCOMMODATION AND COSTS

Conference Fee for ACESTA members	£ 165
Conference Fee for non-members	£ 175
if booked before end of February: members	£ 150
before end of February: non-members	£ 160

The conference fee for non-members will include a complimentary ACESTA membership for 1 year if wished.

All conference fee bookings will have a 10% Emerson booking fee.

Acommodation plus Meals and Breaks	£ 201
Meals and Breaks only	£ 75

Limited accommodation is available at Emerson but attached is a list of bed and breakfasts in Forest Row, please book yourself (no booking fee).

We would like to make it possible for younger colleagues and students and villagers to attend this inclusive conference, so very reasonable rooms can be booked with our local Spa hotel: Copthorne Effingham Park Hotel, RH10 3EU which is on the B2028 road, 8 miles from Emerson College. *If booked by more than 8 people, and by the end of February special rates apply:*

B&B £47.50 pp for a twin

B&B £ 84 for a single

*Please state ACESTA on your booking.*

See below also a list of places near Emerson College:

### **Bed & Breakfast**

#### **June Cottage**

118 Hartfield Road, Forest Row

01342 823171

[bandb@junecottage.co.uk](mailto:bandb@junecottage.co.uk)

[www.junecottage.co.uk](http://www.junecottage.co.uk)

One room – can be used as single/double/family

Cost is £40/£50/£60 (respectively)

Breakfast is in addition: £4/per person in room (or£6 in dining room)

(5 mins. walk from Emerson)

#### **Annie Blampied**

28 Park Crescent, Forest Row

01342 826570 / 07791 942 544

[annie@annieblampied.co.uk](mailto:annie@annieblampied.co.uk)

2 singles - £35

1 double - £65

1 twin - £65

(Gorgeous cosy house, includes a great breakfast! 20 mins. walk from Emerson.)

**Annette Schwidrowski**

5 Gage Ridge, Forest Row, RH18 5HL

01342 823599 / 07595 549 478

[asnett@gmx.net](mailto:asnett@gmx.net)

Single (spacious) - £25

Double (spacious) - £45

(In the centre of Forest Row, close to Michael Hall, at walking distance from Emerson College, private estate, incl. wifi, off road parking - 24 hr access. Daily/weekly/monthly rates available.)

**Suzanne Hillen**

B&B Woodcote, Park Road, Forest Row RH18 5BX

01342 822170 / 07758 785587

[shhillen@gmail.com](mailto:shhillen@gmail.com)

[www.woodcotebedandbreakfast.com](http://www.woodcotebedandbreakfast.com)

Ensuite twin with power shower – £85 as twin/£45 as single

Single with power shower on the landing - £40

Double with power shower on the landing - £85

Family – double bed + bunk beds and mattress (for 3 children) with power shower on the landing - £100

ALL WITH FULL BREAKFAST!

(Quiet private road, off-road parking, adjacent to Ashdown Forest & Golf Course, 20 mins. walk from Emerson.)

**Lila Schwair**

26 Fresfield Bank, Forest Row RH18 SHG

01342 459469 / 07434 603 609

[lilaschwair@gmail.com](mailto:lilaschwair@gmail.com)

Single room (with shared bathroom) £28 (including self catering breakfast)

Use of kitchen; very quiet; 8 min walk to centre of Forest Row, 25 min walk to Emerson College.

**Michelle**

Brambletye Manor Barn, Forest Row

01342 826866

[michelle@brambletyemanorbarn.co.uk](mailto:michelle@brambletyemanorbarn.co.uk)

[www.brambletyemanorbarn.co.uk](http://www.brambletyemanorbarn.co.uk)

2 doubles - £95

Smaller twin - £75 (Single occupancy £62.50)

(includes a really good breakfast, teas + coffee when needed, use of dining room etc...)

**Jacqui Wilcox**

Becketts B&B, Pylegate Farm, Hartfield Road, Cowden

01342 850514

[Jacqui@becketts-bandb.co.uk](mailto:Jacqui@becketts-bandb.co.uk)

[www.becketts-bandb.co.uk](http://www.becketts-bandb.co.uk) (lots of pictures and over a 100 reviews!)

3 ensuite rooms: **NO 1 NIGHT BOOKINGS!**

Single - £60 week/£80 weekend

Double and twin (or superking) - 3-day booking £85/otherwise £90-£110 (depending on season)

(About a 20 mins. drive away, within 4 mile radius of Heaver Castle, Chartwell, Penshurst etc...)

**Rowena Martin**

Trojan House , Lewes Road, Forest Row, RH18 5HD

01342 822914 / 07745 804 616

Single (with shared bathroom) - £30 (includes simple breakfast)

(Right in the centre of Forest Row, 20 minute walk to Emerson.)

**Sue Sandford**

Adds Farm, Crowborough

01892 231361

Email: [info@holidayswithyourhorse.co.uk](mailto:info@holidayswithyourhorse.co.uk)

[www.holidayswithyourhorse.co.uk](http://www.holidayswithyourhorse.co.uk)

**Julia Soyke**

Manor Court Farm, Ashurst, Tunbridge Wells

01892 740279

Email: [jsoyke@jsoyke.freeseve.co.uk](mailto:jsoyke@jsoyke.freeseve.co.uk)

[www.manorcourtfarm.co.uk](http://www.manorcourtfarm.co.uk)

**Self Catering**

**Jenny Smith**

Moss Cottage, Coleman's Hatch, Hartfield

01342 823913

Email: [mosscottagesmith@btinternet.com](mailto:mosscottagesmith@btinternet.com)

[www.mosscottagebandb.co.uk](http://www.mosscottagebandb.co.uk)



**Chelwood Equestrian Centre, Chelwood Gate** 01825 740854

[www.chelwoodequestrian.co.uk](http://www.chelwoodequestrian.co.uk)

**Nutley Edge, Nutley, Uckfield**

[www.nutleyedge.org.uk](http://www.nutleyedge.org.uk)

01825 712377

**Sackville House, East Grinstead**

Landmark Trust property

<http://www.landmarktrust.org.uk/search-and-book/properties/sackville-house-11523/>

**The Morris Apartment, Standen, East Grinstead**

National Trust property

<http://www.nationaltrustcottages.co.uk/cottage/the-morris-apartment-001011/>

**Linden Reed**

Cottage Ashdown Forest

01454 765603

## Hotels

**Brambletye Hotel** Forest Row

[www.brambletyehotel.co.uk](http://www.brambletyehotel.co.uk)

01342 824144

**Chequers Inn Hotel**

Forest Row

[www.chequers1452.co.uk](http://www.chequers1452.co.uk)

01342 823333

**Ashdown Park Hotel**

Wych Cross, Forest Row

[www.ashdownpark.co.uk](http://www.ashdownpark.co.uk)

01342 824988

**Roebuck Hotel**

Wych Cross, Forest Row

01342 823811

<https://www.oldenglishinns.co.uk/our-locations/the-roebuck-forest-row>

**Alexander House Hotel and Spa**

Turners Hill, East Grinstead

01342 714914

[www.alexanderhouse.co.uk](http://www.alexanderhouse.co.uk)

## Campsites

### **Forest Garden, Shovelstrode, Ashurst Wood**

Email: [info@forestgarden.info](mailto:info@forestgarden.info)

07956 815458

[www.forestgarden.info](http://www.forestgarden.info)

### **St. Ives Farm, Butcherfield Lane, Hartfield**

Email: [stivesfarm@btconnect.com](mailto:stivesfarm@btconnect.com)

[www.stivesfarm.co.uk](http://www.stivesfarm.co.uk)

### **Heaven Farm, Danehill**

[www.heavenfarm.co.uk](http://www.heavenfarm.co.uk)

01825 790226

### **Manor Court Farm, Ashurst, Tunbridge Wells**

01892 740279

Email: [jsoyke@jsoyke.freereserve.co.uk](mailto:jsoyke@jsoyke.freereserve.co.uk)

[www.manorcourtfarm.co.uk](http://www.manorcourtfarm.co.uk)

### **Eco Camp UK, Wildboar Wood, Horsted Keynes**

Email: [info@ecocampuk.co.uk](mailto:info@ecocampuk.co.uk)

([www.ecocampuk.co.uk](http://www.ecocampuk.co.uk))

07779 979823

May	Thursday 10th	Friday 11th	Saturday 12th	Sunday 13th
08:00		The Quest to Know yourself and the Foundation Stone Meditation. Open introduction to the School of Spiritual Science with Peter Hanrath	Class Lesson 7 for members of the School of Spiritual Science with Diana Pauli	Class Lesson 11 for members of the School of Spiritual Science with Simon Blaxland-de Lange
9-9.10 09.10-10		9-9.10 am Singing with Gregers Brinch: 9.10 Education beyond the Gates of Birth and Death, Therapeutic Education as a Path through Empathy to a Change of Heart: with Jon Geelmuyden	9-9.10 am Singing with Gregers Brinch 9.10 Crafts as Transformation of the Will - from Instinct to Motivation: with Constantin Court	9-10 am Rudolf Steiner's Biography as Social Therapeutic Imagination: with Steve Briault
10:00		10 am Reflection and Sharing in small groups	10 am Reflection and Sharing in small groups	10am Reflection and Sharing in small groups
10.30am		<b>Break 10.30am</b>	<b>Break 10.30am</b>	<b>Break 10.30am</b>
please note times		11am Workshops: Crafts: Clay, Felting and Green-woodwork; Goethean Observation; Meditation; Singing; Eurythmy	11 -11.45 Crafts as Transformation continued. 11.45 Cooking and Nutrition as Community Building- a Bridge between Agriculture and Medicine: with Wendy Cook	11.15 Harp Introduction with Liehsja Andrea. Social therapy: Opening Impulses from the Future – Towards a newly creative Culture: Joan Sleigh
note times		<b>Lunch 12.45</b>	<b>Lunch 12.45</b>	<b>Lunch 1pm</b>
2pm		2pm Bringing the results of Spiritual Scientific Research into Practical Life: with Diana Pauli	2pm Biodynamic Social Farming as Bridge Across the Threshold; towards a Reversed Culture : with Hartwig Ehlers and Thomas van Elsen.	2.15 Open Acesta Meeting and Review with Bart van Mechelen
3pm		3pm Reflection and Sharing in small groups	3pm Reflection and Sharing in small groups	
note times	Registration and Tea 3-4.30pm	<b>Break 3.30pm</b>	<b>Break 3.30pm</b>	<b>Break 3.30pm</b>
	4.45 Welcome and Introduction Paulamaria Blaxland- de Lange	4.15 pm Workshops: Clay, Felting and Green-woodwork; Goethean Observation; Meditation; Bluebell Walks, Singing; Eurythmy	4.15 pm Workshops: Clay, Felting and Green-woodwork; Goethean Observation, Meditation, Bluebell Walks, Singing, Eurythmy	4-5pm Acesta committee meeting
note times	<b>Supper:6.15pm</b>	<b>Supper 6.15pm</b>	<b>Supper 6pm</b>	
note times	8 pm Harp Introduction by Liehsja Andrea Social Therapy as Impulse for transformational Thinking- Towards a New Spiritualised Science: Joan Sleigh	8 pm Harp Introduction by Liehsja Andrea Social Therapy as Impulse for true Encounter and Conversation - Towards a New Religiosity: Joan Sleigh	7.30 pm Pericles Theatre Company	